



# FREE-STANDING BAGS



**SPEED**

**3IN1**

**EASY**

**CLASSIC**

**YOUNG FIGHTER**



**NIHON  
SPORT**

PERSONAL · PASSION · PERFECTION



Video

## FREE-STANDING BAG **UNIVERSAL 3in1**

The universal free-standing punching bag Fighter 3in1 brings completely new training experience. The concept is designed for the maximum possible use, both in the gym and at home. It is great for practicing various combat sports and martial arts from boxing and kick-boxing to karate or taekwondo.

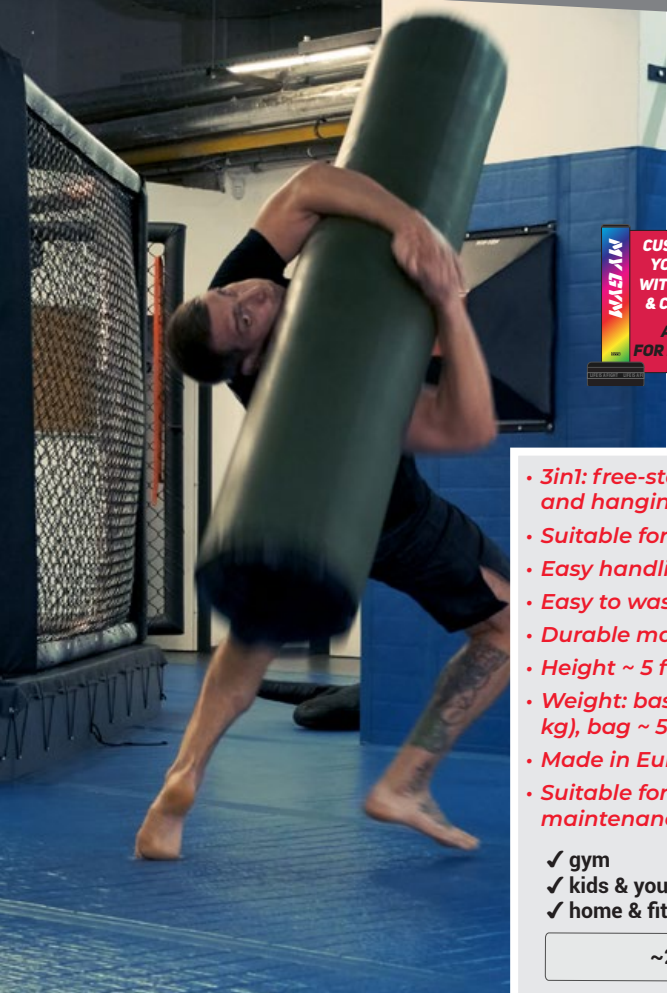
The main function is to use it as a free-standing bag. Because the most of the weight is at the bottom, the bag gives you great feedback after punching or kicking.

When you are ready to practice stand up techniques - take out of the base and start something completely new. With no base the bag stands itself so you can easily have it ready for practicing take downs, throwing or ground & pound. When you miss the classical heavy bag, all you have to do is unpack the straps, hang the bag and you can start practicing. The bag is not as heavy as the regular one but because of the weight on the bottom it still gives you excellent workout. The base is already filled from

factory. Thanks to the weight of the base (approx. 83 pounds, 38 kg), the bag is very stable. There is additional velcro on the bottom of the bag and inside of the base. This ensures sufficient attachment of the bag to the base. At the same time, with 4 integrated handles, you can easily carry the base and use the bag on different places. The coat of the bag and the base is made of a very durable Hitex Polyplan from Austria. This material is also very easy to maintain. The bag's filling is made of several

layers. Closest to the coat is the Trocellen PE from Italy. Below is PUR HD from the Czech Republic and the core is made of recycled rubber crumb. The base is supplemented by sand. Thanks to these materials, the bag can also be used outdoors. However, the maintenance instructions must be followed! The whole bag was developed in the Czech Republic in cooperation with athletes from various martial arts disciplines. Bag is also made in the Czech Republic.

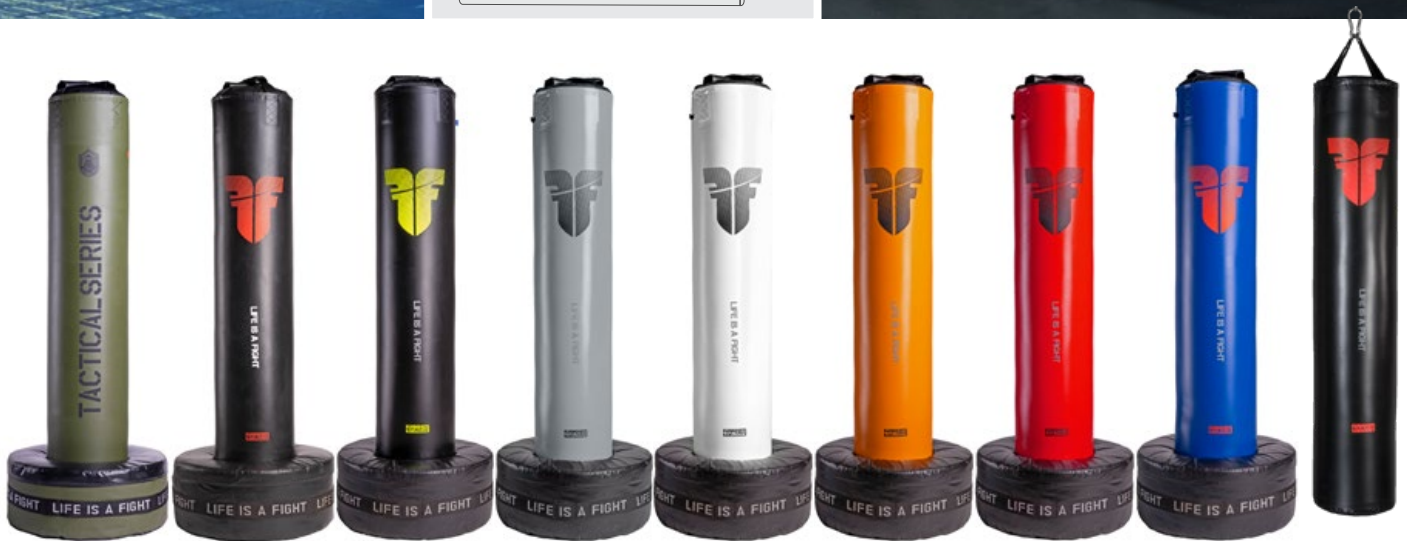




**MY EYE**  
 CUSTOMIZE  
 YOUR BAG  
 WITH LOGO  
 & COLORS  
 ASK US  
 FOR MORE

- 3in1: free-standing bag, dummy and hanging heavy bag
- Suitable for the gym and home
- Easy handling
- Easy to wash
- Durable material
- Height ~ 5 ft 7 in (170 cm)
- Weight: base ~ 83 pounds (38 kg), bag ~ 50 pounds (23 kg)
- Made in Europe
- Suitable for outdoor use (see maintenance instructions)

- ✓ gym
  - ✓ kids & young
  - ✓ home & fitness
- ~38 Kg
- ~25 Kg





## FREE STANDING BAG **EASY**

Fighter's unique Free-standing Boxing Bag EASY brings a completely new training experience. The concept is designed for maximum use in the gym, or at home. It is a great tool for practicing various combat sports and martial arts. It is an excellent product mainly because its weight is at the bottom of the body, which allows the bag to give you nice feedback while punching or kicking it. The Base is already filled (weights around 64 pounds/30kg). The

weight of the Bag is also around 64 pounds/30kg). Thanks to this weight (total 128 pounds/60kg), the bag is very stable. Inside the base is an additional velcro strap as well as on the bottom of the body, which ensures sufficient attachment of the body to its base. The base has 4 integrated handles for easier carrying. The outside layer of both, the base and the body is made of highly durable Conti Artificial Leather (made in EU). The bag is filled with

several layers making the bag long-lasting as well as comfortable to punch/kick. Excellent for home or either Gym use

- *Easy to assemble and disassemble*
- *Easy to clean*
- *Durable Artificial Leather*
- *Height 170 cm*
- *Weight: base 30 kg, bag 30 kg*
- *Made in Czech Republic*
- *All materials are made in EU*
- *Protected by a Czech utility model no. 34704 and an international patent application PCT/IB2021/056217*

- ✓ **kids & young**
- ✓ **home & fitness**

~30 Kg

~30 Kg





**MT GYM**  
**CUSTOMIZE YOUR BAG WITH LOGO & COLORS**  
**ASK US FOR MORE**



## FREE-STANDING BAG **SPEED**

Fighter's unique Free-standing Boxing Bag SPEED brings a completely new training experience. The concept is designed for maximum use in the gym, outside your house or at home. It is a great tool for practicing various combat sports and martial arts.

It is an excellent product mainly because its weight is at the bottom of the body, which allows the bag to give you a nice feedback while punching or kicking it. This Free-Standing Bag model is ideal for training the speed and accuracy of punches/

kicks. Its thinner size makes it an amazing product for training children or youth.

Unlike the other standing bags, there is no need to fill up its base, it is already finished from the factory. The base weights approximately 25-27 kg. Thanks to its weight, the bag itself is very stable. There is velcro on the bottom of the bag (body) as well as on the inside of the base.

This ensures sufficient attachment of the bag to its base. The base has 4 integrated handles which make it easier to carry.

The outside layer of both, the base and the body is made of highly durable Hitex Polyplan (made in Austria, EU). The bag is filled with several layers making the bag long-lasting as well as comfortable to punch/kick.



- ✓ gym
- ✓ kids & young
- ✓ home & fitness

~28 Kg

~15 Kg

- *Suitable for indoor and outdoor use (see maintenance instructions)*
- *Easily washable*
- *Made of durable material*
- *Height: Bag: 170 cm; Base: 25cm*
- *Weight: Bag: 10-12kg; Base: 25-27kg*
- *Diameter: Bag: 20 cm; Base: 44cm*
- *Made in Czech Republic, Europe*



# FREE-STANDING BAG CLASSIC

The Free-Standing Boxing Bag Classic is designed to be used in gym, at home or outdoors. Free-Standing Bag is great for practicing various sports from boxing and kickboxing to karate or taekwondo. The base is already filled in production. The base is not made of hard material, so there is no risk of injury when hitting it. Thanks to the weight of the base (approx. 30kg) and the weight of the body (approx. 30kg), the Bag is stable. There is a Velcro fastener on the bottom part

of the body and in the inner part of the base, which ensures sufficient fastening of the bag to the base. Using the 4 integrated handles, the base can be moved by one strong person, or it can be carried by two. (We are also preparing special wheels that can be used to easily and quickly transport the bag from place to place). The outer layer of the body is made of softened PVC. The material is easy to clean and is very durable, so you can train even with your shoes on. The Free-Standing Bag was develop-

ed in the Czech Republic in cooperation with athletes from various martial arts and combat sports.

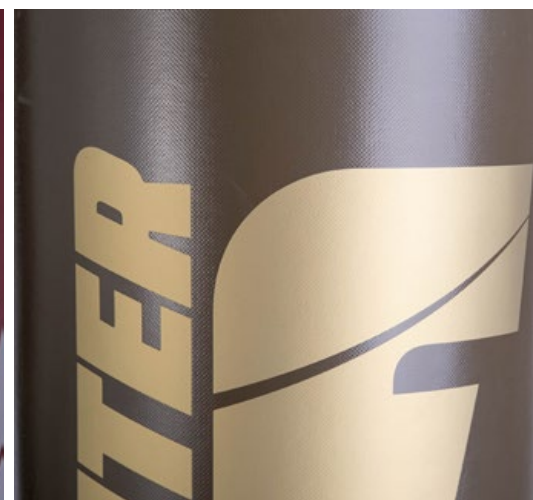
- ✓ gym
- ✓ kids & young
- ✓ home & fitness



~30 Kg

~30 Kg

- *Can be used at home, at gym or outdoors*
- *Easy manipulation*
- *Easily cleanable*
- *Made of durable material*
- *Height 170 cm*
- *Weight: base 30 kg, body 30 kg*
- *Made in the Czech Republic*
- *All materials used are from EU*







## FREE STANDING BAG **YOUNG FIGHTER**

The Free-Standing Boxing Bag Young is designed specifically for children and youth. It is made for the widest possible use, both in the gym and at home. Free-Standing Bag is great for practicing various sports from boxing and kickboxing to karate or taekwondo.

The base is already filled in production. The base is not made of hard material, so there is no risk of injury when hitting it. Thanks to the weight of the base (approx. 30kg) and the weight of the body (approx. 25kg), the Bag is stable. There is a

Velcro fastener on the bottom part of the body and in the inner part of the base, which ensures sufficient fastening of the bag to the base. Using the 4 integrated handles, the base can be moved by one strong person, or it can be carried by two. We are also preparing special wheels that can be used to easily and quickly transport the bag from place to place.

The outer layer of the body is made of softened PVC. The material is easy to clean and is very durable, so you can train even with your

shoes on.

The Free-Standing Bag was developed in the Czech Republic in cooperation with athletes from various martial arts and combat sports.



✓ kids & young

~30 Kg

~25 Kg

- *Can be used at home or at gym*
- *Easy manipulation*
- *Easily cleanable*
- *Made of durable material*
- *Height 155 cm*
- *Weight: base 30 kg, body 25 kg*
- *Made in the Czech Republic*
- *All materials used are from EU*



FFS-02



VIDEO

## EXTENDER FOR BOXING BAG

Attach the extender to the boxing bag and fasten with velcro straps. Then attach Arm Targets or Mini Target from Power Wall. You can combine them to fit your training. Each of your training can be unique! The extender is equipped with the highest quality Velcro on the market, which is guaranteed to last at least 10,000 tear-offs.

- *Made in Europe*
- *Suitable also for regular heavy bag*



FFS-03



VIDEO

## EXTENSION FOR BAG 3IN1

Extension for Fighter Universal Free Standing Bag 3in1. Make your bag even higher.

- *Height 70 cm*





## POWER WALL TARGETS

Use various targets with extender for your boxing bag.

**Mini** (Ø 15 cm x 8 cm), **Arm target M** (8 cm x 15 cm x 32 cm), **Arm target L** (8 cm x 15 cm x 52 cm)

- *Easy to use*
- *Variable training*



## ADDITIONAL TARGET

Additional Target = a great accessory that will add variety to your training. We use it for hooks and high kicks! Ideal use for kickboxing, Thai boxing, taekwondo, karate etc. Easily put the Target on the Boxing Bag and fix it with the strap.

**Size:** 8 cm x 15 cm x 52 cm

- *Made from quality materials*
- *Easy installation*
- *Unrestricted maintenance*